

**The Hebrew Israelite Woman  
Question & Answer Bible Guide  
Preparing for the Kingdom**

**A Daily Bible Assignment Book for Women**



*Incorporating the fruits of the spirit into our life*



*By the House of Azar Yasharahla*

**2 Timothy 2:15**

**Study to shew thyself approved unto The Most High, a workman that needeth not to be ashamed, rightly dividing the word of truth.**

***Isaiah 4:4***

***when The Most High shall have washed away the filth of the daughters of Zion...***

**2 Timothy 2:15-16**

**Study to shew thyself approved unto The Most High, a workman that needeth not to be ashamed, rightly dividing the word of truth. But shun profane and vain babblings: for they will increase unto more ungodliness.**

**Ecclesiastes 12:13**

**Let us hear the conclusion of the whole matter: Fear The Most High, and keep his commandments: for this is the whole duty of man.**

**This Book Belongs to:** \_\_\_\_\_



# **The Daily Bible assignment book for women**

## **CHAPTER 1: Basic understanding**

### **What is a Helper/helpmeet?**

One who assists as needed.

### **When do you help?**

**Gen.2:18** As long as you are a woman.

### **How do you help?**

By sacrificing your life to the goal that your husband has.

## **2. What is submission?**

The condition of being submissive, humble, or compliant. Also; agreeability, surrender, yielding, docility, dutifulness, humility, meekness, modesty subservience, control, discipline, order.

### **When do you submit?**

**Gen.3:16** As long as you are a woman.

### **How do you submit?**

By following your husband.

## CHAPTER 2: Instructions how to use this book

**Psa 1:1** Blessed *is* the (wo)man that walketh not in the counsel of the unThe Most Highly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

**Psa 1:2** But ( her) his delight *is* in the law of The Most High; and in his law doth he meditate day and night.

**Psa 1:3** And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

### Instructions how to use this book, so that you will grow:

Meditation on the word of The Most High is essential for growth.

Meditate on the word of The Most High day and night.

#### **Daily assignment:**

Write down a short lesson per scripture each day (Wommen scriptures 1 - 75)

- Meditate upon the following scriptures and think: “**What can I learn from this scripture?**”
- Ask yourself how can I improve myself with the understanding of the following scriptures
- Look up important words (definition/meaning).
- Explain what the writer of the scripture is trying to say.
- Explain why.

## CHAPTER 3: Women scriptures 1 - 75

### 1

Gen.2:18

And The Most High The Most High said, *it is* not good that the man should be alone; I will make him a help meet for him.

***\*The women were created specifically to be a helper to the men. To assist the man in his plans and goals.***

### 2

Gen.3:1-6

Now the serpent was more subtil than any beast of the field which The Most High The Most High had made. And he said unto the woman, Yea, hath The Most High said, Ye shall not eat of every tree of the garden?

And the woman said unto the serpent, we may eat of the fruit of the trees of the garden:

But of the fruit of the tree which is in the midst of the garden, The Most High hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die.

And the serpent said unto the woman, Ye shall not surely die:

For The Most High doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as The Most High's, knowing good and evil.

***\*Why did the serpent go to Eve?***

***\*The woman is obviously the weaker vessel so the man is to take charge of his household and the woman must let him do his job, humble herself and submit.***

***\*Adam followed Eve his wife and also ate of the forbidden fruit which led to their downfall. The man can NOT follow the woman under no circumstance. The man must be obedient to the law of The Most High.***

***\*Subtil-cunning, crafty, prudent, deceitfulness or deceit; fraudulent skill or dexterity. Deceitful; tricky; employing stratagems for a bad purpose.***

***\*The serpent tricked Eve into eating the fruit in the midst of the garden after The Most High commanded not to eat the fruit of that tree.***

### 3

Genesis 3:16

To the woman he said, "I will surely multiply your pain in childbearing; in pain you shall bring forth children. Your desire shall be for your husband, and he shall rule over you."

***\*Desire - to long after, a stretching out after, to wish for***

***\*Because of Eve's disobedience we go through labor pain and our husband is to rule over us and keep us in line. It became the official duty of the man to rule over the women. Women are to submit and to be a help meet. This will bring order and blessings in the family.***

#### **4**

Deuteronomy 22:5

A woman shall not wear a man's garment, nor shall a man put on a woman's cloak, for whoever does these things is an abomination to The Most High your Power.

***\*The Most High commanded the woman not to wear men clothing or anything pertaining to a man.***

***\*A woman shall be a woman in all areas (clothing, behavior, speech, etc). A man shall be a man in all areas (clothing, behavior, speech, etc.) Let men encourage women to be women and let women encourage men to be men.***

#### **5**

Proverbs 11:16

A gracious woman gets honor, and violent men get riches.

***\*A pleasant (obedient, kind, friendly, etc.) women obtain and maintain respect and a strong (good manager, focused) men obtain and maintain wealth.***

#### **6**

Proverbs 12:4

A virtuous woman is a crown to her husband: but she that maketh ashamed is as rottenness in his bones.

***\*A virtuous woman brings honor to her husband just as a crown makes him look good. A woman with bad behavior bring intense suffering on her husband.***

#### **7**

Proverbs 14:1

Every wise woman buildeth her house: but the foolish plucketh it down with her hands.

***\*Wise - full of knowledge from The Most High***

***\*A law abiding woman is blessed and a lawless woman is a curse to her home (she destroys her own marriage).***

***\*How do you build up your house?***

***\*By supporting you husband and doing what you are supposed to do according to the scripture.***

***\*A kingdom divided against itself shall not stand.***

## 8

Proverbs 11:22

*As a jewel of gold in a swine's snout, so is a fair woman which is without discretion.*

***\*Fair-beautiful***

***\*Discretion-discernment which enables a person to judge critically of what is correct and proper.***

***\*A beautiful woman without discretion is a worthless woman.***

***\*Studying the Torah will teach you how to be discreet and wise.***

## 9

Proverbs 21:19

*It is better to dwell in the wilderness, than with a contentious and an angry woman.*

***\*Contentious-The act of quarreling.***

***\*This scripture advises righteous men not to deal with angry women and to avoid them.***

***\*Wives are not to be angry they are to love their husband, submit, and be a help meet, even if they don't agree with their husband.***

***\*It's not becoming of a woman to argue, fuss or fight a woman should be calm and respectful at all times. A woman is to make life peaceful in her home for her family not cause trouble. By causing trouble she destroys her family.***

## 10

Proverbs 21:9

*It is better to live in a corner of the housetop than in a house shared with a quarrelsome wife.*

***\*It's impossible for a man to live in a house with a woman who argues regardless if he wrong or right in his actions. The wife should be always sober minded and pray for her husband instead of quarreling.***

## 11

Proverbs 6:20

*My son, keep thy father's commandment, and forsake not the law of thy mother.*

***\*Mothers are to teach their sons and daughters the laws, statutes and commandments.***

## 12

Proverbs 18:22

*He who finds a wife finds a good thing and obtains favor from The Most High.*

***\*Wife = Help meet***

***\*Finding a help meet is a blessing from The Most High. Being married do not make you a good wife, being obedient, a help meet and submissive is what makes you a good wife.***

### 13

Proverbs 19:13

A foolish son is the calamity of his father: and the contentions of a wife are a continual dropping.

***\*Foolish - Void of understanding or sound judgment; weak in intellect; applied to general character. Unwise; imprudent; acting without judgment or discretion in particular things. Proceeding from folly, or marked with folly; silly; vain; trifling.***

***\*Calamity - Any great misfortune, or cause of misery; generally applied to events or disasters which produce extensive evils, as loss of crops, earthquakes, conflagrations, defeat of armies, and the like. But it is applied also to the misfortunes which bring great distress upon individuals.***

***\*Contentious - The act of quarreling.***

***\*Continual - Proceeding without interruption or cessation; unceasing; not intermitting; used in reference to time.***

***\* A foolish son and a contentious wife is as annoying as a dripping faucet.***

### 14

Proverbs 31:10-31

10 Who can find a virtuous woman? for her price is far above rubies.

***\*Virtuous woman are very rare. Here are the first steps to becoming a virtuous woman***

***1) submissiveness 2) obedience 3) humbleness 4) being silent 5) sober minded.***

***\*Virtuous - Morally good; acting in conformity to the moral law; practicing the moral duties, and abstaining from vice; as a virtuous man.***

11 The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

***\*Her husband shall be content. The wife will not squander her hard working husbands money.***

***\*Spoil - To plunder; to strip by violence; to rob; with of; as, to spoil one of his goods or possessions. To seize by violence; to take by force; as, to spoil ones goods.***

***12*** She will do him good and not evil all the days of her life.

***13*** She seeketh wool, and flax, and worketh willingly with her hands.



*\*She buys the best material to sew clothes for her family.*

14She is like the merchants' ships; she bringeth her food from afar.

*\*She goes out of her way to find what she needs to prepare food for her family.*

15She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

*\*She's up before sunrise to prepare for the day. She takes care of the members of her household.*

16She considereth a field, and buyeth it: with the fruit of her hands she planteth a vineyard.

*\*She prepare well in advance for her household. She buys land and plants a garden.*

17She girdeth her loins with strength, and strengtheneth her arms.

*\*She prepares for the job with vigor (she does whatever she needs to do to get the maximum results).*

18She perceiveth that her merchandise is good: her candle goeth not out by night.

*\*She knows to spends her money wisely for her household and trust in The Most High day and night.*

19She layeth her hands to the spindle, and her hands hold the distaff.

*\*She is constantly busy at work taking care of her household (sewing curtains, clothes, etc.)*

20She stretcheth out her hand to the poor; yea, she reacheth forth her hands to the needy.

*\*She helps others outside her household in need (food, clothing, her time, advice).*

21She is not afraid of the snow for her household: for all her household are clothed with scarlet.

*\*She prepares ahead of time for her household for each season.*

22She maketh herself coverings of tapestry; her clothing is silk and purple.

*\*She uses beautiful high quality material for her house hold furnishing.*

*\*She gives her family much consideration even when furnishing the home.*

23Her husband is known in the gates, when he sitteth among the elders of the land.

24She maketh fine linen, and selleth it; and delivereth girdles unto the merchant.

*\*She has her own business that brings in money for her household. She finds no time for idleness, she is not a couch potato.*

**25**Strength and honour are her clothing; and she shall rejoice in time to come.

**26**She openeth her mouth with wisdom; and in her tongue is the law of kindness.

*\*Wisdom – The knowledge and use of what is best, most just, most proper, most conducive to prosperity or happiness. She speaks wise and kind.*

**27**She looketh well to the ways of her household, and eateth not the bread of idleness.

*\*She tends to the business of her house, her domestic affairs working hard and not in gadding abroad to other people's house or on the phone wasting time.*

**28**Her children arise up, and call her blessed; her husband also, and he praiseth her.

*\*She is well respected and honored by her family, they show her much appreciation. She is helpful, obedient, submissive, and full of wisdom.*

**29**Many daughters have done virtuously, but thou excellest them all.

*\*Virtuously – in a virtuous manner; in conformity with the moral law or with duty; as a life virtuously spent. Every woman should strive to be the best they can be more and more virtuous everyday.*

**30**Favour is deceitful, and beauty is vain: but a woman that feareth The Most High, she shall be praised.

*\*Never go by outward appearance; only their obedience to The Most High will be praised forever.*

**31**Give her of the fruit of her hands; and let her own works praise her in the gates.

*\*Your own hard work will reward you; you will be respected and honored in your community.*

## **15**

Matthew 27:55-56

There were also many women there, looking on from a distance, who had followed Yahusha from Galilee, **ministering** to him, among whom were Mary Magdalene and Mary the mother of James and Joseph and the mother of the sons of Zebedee.

*\*Ministering - Attending and serving as a subordinate agent; serving under superior authority. \*Affording aid or supplies; administering things needful.*

*This is how righteous women minister to righteous men.*

## **16**

Mark 15:40-41

There were also women looking on from a distance, among whom were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. When he was in Galilee, they followed him and **ministered** to him, and there were also many other women who came up with him to Jerusalem.

*\*Ministering - Attending and serving as a subordinate agent; serving under supe-*

*rior authority. Affording aid or supplies; administering things needful.*

*\*Instead of women being idle and a busybody she should be helping the men exactly how the men instruct them to help.*

## 17

Luke 8:1-3

And it came to pass afterward, that he went throughout every city and village, preaching and shewing the glad tidings of the kingdom of The Most High: and the twelve were with him, And certain women, which had been healed of evil spirits and infirmities, Mary called Magdalene, out of whom went seven devils, And Joanna the wife of Chuza Herod's steward, and Susanna, and many others, which ministered unto him of their substance.

*\*The women helped and supported the men of The Most High. The women used their time and resources to help the men.*

*\*Ministering - Attending and serving as a subordinate agent; serving under superior authority. Affording aid or supplies; administering things needful.*

## 18

Luke 10:38-42

Now as they went on their way, Yahusha entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at The Most High's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, "The Most High, do you not care that my sister has left me to serve alone? Tell her then to help me." But The Most High answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

*\*Getting knowledge and wisdom of The Most High should always be priority.*

*\*A woman is not a house slave.*

*\*There is a time for everything.*

## 19

Luke 2:36-38

And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived with her husband seven years from when she was a virgin, and then as a widow until she was eighty-four. She did not depart from the temple, worshiping with fasting and prayer night and day. And coming up at that very hour she began to give thanks to The Most High and to speak of him to all who were waiting for the redemption of Jerusalem.

*\*The Most High prepares certain women at times to speak His message for those who seek Him.*

***\*Anna was prepared at that moment in time for those who waiting for their redemption.***

## **20**

Acts 2:17-18

And in the last days it shall be, The Most High declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams; even on my male servants and female servants in those days I will pour out my Spirit, and they shall prophesy.

***\*Women can use their spiritual gifts and talents humbly under the authority of men.***

## **21**

Acts 9:36

Now there was in Joppa a disciple named Tabitha, which, translated, means Dorcas. She was full of good works and acts of charity.

***\*Good Works; taking care of your household needs, tending to your business, not idling.***

***\*Charity; sharing with your neighbors, helping the widows, orphans, sick, and the elderly.***

## **22**

Acts 18:24-26

And a certain Jew named Apollos, born at Alexandria, an eloquent man, and mighty in the scriptures, came to Ephesus. This man was instructed in the way of The Most High; and being fervent in the spirit, he spake and taught diligently the things of The Most High, knowing only the baptism of John.

And he began to speak boldly in the synagogue: whom when Aquila and Priscilla had heard, they took him unto them, and expounded unto him the way of The Most High more perfectly.

***\* It is proper to help men understand The Word of The Most High privately.***

***\* Aquila and Priscilla were a married couple. If your husband allows you to help in explaining the scriptures and if the audience allow it, a woman can help with teaching. But only under her husband's authority.***

## **23**

Acts 21:7-9

When we had finished the voyage from Tyre, we arrived at Ptolemais, and we greeted the brothers and stayed with them for one day. On the next day we departed and came to Caesarea, and we entered the house of Philip the evangelist, who was one of the seven, and stayed with him. He had four unmarried daughters, who prophesied.

***\*Women can receive and speak prophesy from The Most High under the authority of men. A woman should ask the men in public or private if she can speak her prophesy from The Most High in humbleness. If the brother goes against it, the women must not debate the men. The women will be out of order for doing this.***

## **24**

Romans 16:1-16

I commend unto you Phebe our sister, which is a servant of the church which is at Cenchrea:

2That ye receive her in The Most High, as becometh saints, and that ye assist her in whatsoever business she hath need of you: for she hath been a succourer of many, and of myself also.

***\*Women can be helpers in the ministry and assist where needed but always under the authority of men.***

## **25**

1Cor.7:3

The husband should give to his wife her conjugal rights, and likewise the wife to her husband.

***\*Pleasing one another sexually.***

## **26**

1 Corinthians 11:5

But every woman who prays or prophesies with her head uncovered dishonors her head, since it is the same as if her head were shaven.

***\*Women must always cover their head when praying or prophesying.***

## **27**

1 Corinthians 11:3

But I want you to understand that the head of every man is Christ, the head of a wife is her husband, and the head of Christ is The Most High.

***\*The husband is the head of the wife.***

***\*The wife must submit and allow the man to lead.***

## **28**

1 Corinthians 11:11

Nevertheless, in The Most High woman is not independent of man nor man of woman;

***\*We complete each other in our own individual roles.***

### 29

1Cor.11:15

But if a woman have long hair, it is a glory to her: for *her* hair is given her for a covering.

***\* It is glorious for women to have natural long hair. The bible says it is glorious, so women should strive for having long hair.***

***\*What is generally considered natural long hair? Hair beyond shoulder length.***

### 30

1 Corinthians 14:33-35

For The Most High is not a The Most High of confusion but of peace. As in all the churches of the saints, the women should keep silent in the churches. For they are not permitted to speak, but should be in submission, as the Law also says. If there is anything they desire to learn, let them ask their husbands at home. For it is shameful for a woman to speak in church.

***\*It counts only for the saints.***

***\*Why are women not silent in the churches or the gatherings of the saints? It is shameful.***

***\*They are not permitted to speak. NO Questions, NO Arguing, NO Sounds.***

***\*The women must wait until they are at home to speak to their husband.***

***\*This procedure creates peace and order in the gatherings.***

### 31

1 Corinthians 11:4-10

4Every man praying or prophesying, having his head covered, dishonoureth his head.

5But every woman that prayeth or prophesieth with her head uncovered dishonoureth her head: for that is even all one as if she were shaven.

6For if the woman be not covered, let her also be shorn: but if it be a shame for a woman to be shorn or shaven, let her be covered.

7For a man indeed ought not to cover his head, forasmuch as he is the image and glory of The Most High: but the woman is the glory of the man.

8For the man is not of the woman; but the woman of the man.

9Neither was the man created for the woman; but the woman for the man.

10For this cause ought the woman to have power on her head because of the angels.

### 32

Ephesians 5:22-33

22Wives, submit yourselves unto your own husbands, as unto The Most High.

***\*As you submit to Christ you should submit in the same way to your husband. If your husband is not causing you to sin according to scripture you must submit.***

23For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

***\*In the same way the husband is to be head of his family to keep the family from destruction and lead them into blessings.***

**24**Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing.

***\*The wife must be subject to their husband in EVERYTHING.***

**25**Husbands, love your wives, even as Christ also loved the church, and gave himself for it;

***\*The husband must love his wife as Christ love the church not according to the worldly concept of love between husband and wife.***

***\*As a tutor is responsible for the success of the student; the husband is responsible for doing all he can to prepare his family for the kingdom.***

***\*As a Shepard protects his sheep and make sure they are productive.***

**26**That he might sanctify and cleanse it with the washing of water by the word,

***\*He gave his life that we may enter the kingdom. By teaching the church the scriptures.***

**27**That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

***\*Perfecting the church for the kingdom.***

**28**So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.

***\*Allowing your family to do their own will is not love but only doing the will of the Father.***

***\*Real love is when the man is doing all he can to get his family into the kingdom.***

**29**For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as The Most High the church:

**30**For we are members of his body, of his flesh, and of his bones.

***\*The wife and children are a 100% part of the husband body in a marriage union.***

**31**For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.

***\*The wife and children are a 100% part of the husband body in a marriage union.***

***\*The man shall run his home in boldness and confidence not in trembling and fear.***

**32**This is a great mystery: but I speak concerning Christ and the church.

**33**Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.

***\*Reverence- Fear mingled with respect and esteem; veneration.***

***\*Not reverencing your husband brings disorder in the home which is against the Father.***

*\*When quarrels and factions are carried openly, it is a sign that the reverence of government is lost.*

### 33

Colossians 3:1

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of The Most High.

*\*Do what is righteous. The fruits of the Spirit.*

### 34

Colossians 3:18

Wives, submit to your husbands, as is fitting in The Most High.

### 35

1 Timothy 2:11-15

Let a woman learn quietly with all submissiveness. I do not permit a woman to teach or to exercise authority over a man; rather, she is to remain quiet. For Adam was formed first, then Eve; and Adam was not deceived, but the woman was deceived and became a transgressor. Yet she will be saved through childbearing—if they continue in faith and love and holiness, with self-control.

*\*Women, no talking whiles you are being taught or in the presence of a man speaking or preaching unless your asked.*

*\*Women are to focus their time and attention on bearing, teaching, and disciplining children.*

*\*Whiles the women are attending to the children their attitude should be on faith, love, and holiness, with self-control.*

### 36

1 Timothy 3:11

Their wives likewise must be dignified, not slanderers, but sober-minded, faithful in all things.

*\*Dignified - modest, reserved, controlled, serious, and calm, and therefore deserving respect.*

*\*Slanderer - A false and malicious statement or report about someone.*

*\*Sober minded - Not mad or insane; not wild, visionary or heated with passion; having the regular exercise of cool dispassionate reason. Not drunk or intoxicated.*

*\*Faithful - Firmly adhering to duty; of true fidelity; loyal; true to allegiance; as a faithful subject.*

### 37

1 Timothy 2:9-10

Likewise also that women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire, but with what is proper for women who profess The Most Highliness—with good works.



***\*Priorities is The Most Highly character comes first with wisdom and understanding the scriptures.***

### **38**

1 Timothy 5:14

So I would have younger widows marry, bear children, manage their households, and give the adversary no occasion for slander.

***\*Marriage is good for the young, it keeps them out of trouble and from being idle and gadding abroad. The young women will focus on their family and household.***

***\*Leave no room or fuel for negative thoughts, speech, or action. Walk blameless according to the law of The Most High.***

### **39**

Titus 2:3-5

The aged women likewise, that *they be* in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; That they may teach the young women to be sober, to love their husbands, to love their children, *To be* discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of The Most High be not blasphemed.

***\*Holiness is not accusing others if you have no facts/proof, drinking where you're not able to function properly and holy according to your situation, so that you may be able to teach good things to others.***

### **40**

Hebrews 13:4

Let marriage be held in honor among all, and let the marriage bed be undefiled, for The Most High will judge the sexually immoral and adulterous.

***\*No Fornication. This is what it means to keep the bed undefiled.***

***\*Fornication include any sexual sin committed after the marriage contract. In scripture fornication mean any sexual act outside marriage. It includes adultery, one-night stands, prostitution, worldly dating, homosexual acts, incest, remarriage after un-Biblical divorce, and sexual acts with animals, all of which are explicitly forbidden in the law as given through Moses (Leviticus 20:10-21). Christ explained the prohibition against adultery to include even sexual lusting on married women.***

### **41**

1 Peter 3:1-6

Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives; While they behold your chaste conversation coupled with fear.

***\*Conversation- General course of manners; behavior; deportment; especially as it respects morals.***

***\*Even if the husband is not obeying the law, the wife should still be submissive unless the husband is causing the wife to sin against The Most High. The husband can learn good behavior from his wife which can cause him to repent and be obedient to the law of The Most High.***

***\*Matthew 10:24-38, Ephesians 5:24, Joshua 1:8, Joshua 24:15***

**3**Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel;

***\*Your priorities should not be in beautifying the hair, wearing jewelry and fancy clothing's.***

***\*It's not bad to want to look good, but it more important to focus on your character.***

**4**But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of The Most High of great price.

***\*First seek to have a humble righteous spirit in the presence of The Most High. Focusing on the Fruit of the Spirit, learning how to behave as a righteous woman. Being meek, quite, submissive, humble, and obedient etc. (Proverbs 31:10-31, Eph.5:24)***

**5**For after this manner in the old time the holy women also, who trusted in The Most High, adorned themselves, being in subjection unto their own husbands:

***\*The adornment should be first spiritual then physical, following in the footsteps of our foremothers (Sarah).***

**6**Even as Sara obeyed Abraham, calling him The Most High: whose daughters ye are, as long as ye do well, and are not afraid with any amazement.

***\*We are daughters of Sarah/Zion ONLY if we follow in her footsteps.***

***\*Gen16:2-3, Jasher 23:1-20, Gen 12:5, Gen 22:1-2***

## **42**

**1 Peter 2:13-17**

Be subject for The Most High's sake to every human institution, whether it be to the emperor as supreme, or to governors as sent by him to punish those who do evil and to praise those who do good. For this is the will of The Most High, that by doing good you should put to silence the ignorance of foolish people. Live as people who are free, not using your freedom as a cover-up for evil, but living as servants of The Most High. Honor everyone. Love the brotherhood. Fear The Most High. Honor the emperor.

***\*(Comment of Azar: If you must honor the wicked emperor, then how much more should you honor your own husband?!)***

### 43

1 Peter 3:1-2

Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, when they see your respectful and pure conduct.

**\*The actions of the wife can change the husband's ways. There is no excuse for the wife not to submit if the husband is not leading the wife to sin.**

### 44

1 Peter 3:3-4

Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in The Most High's sight is very precious.

***\*Your priority should be on your character, it's more important to focus on being gentle and having a quiet spirit. It's not a sin to be beautiful and wear jewelry, but your first priority should be on the fruit of the spirit.***

***\*Gentle-Mild; meek; soft; bland; not rough, harsh or severe; as a gentle nature, temper or disposition; a gentle manner; a gentle address; a gentle voice. Tame; peaceable; not wild, turbulent or refractory; as a gentle horse or beast.***

***Are you gentle even when people are not gentle to you? This what you should practice at all times.***

***\*Quiet- Calm; not agitated by wind; as a quiet sea or atmosphere. Smooth; unruffled.***

### 45

Ecclesiasticus 25:8a

Well is him that dwelleth with a wife of understanding, .....

***\*The husband is well because he has peace, rest, and unity in his household. And that's what a real help meet brings to a marriage. The wife has an understanding of the laws of The Most High and the desires, goals, and visions her husband. When the wife understands, she supports, cooperate, helps, and submits. Then there is peace and unity in the house and that's a blessing.***

***\*Understanding- Intelligence between two or more persons; agreement of minds; union of sentiments.***

### 46

Ecclesiasticus 25:13

Give me any plague, but the plague of the heart: and any wickedness, but the wickedness of a woman:

***\*A wicked woman is detestable and as torturous as the plague of the heart. The scriptures teach woman not to behave in this manner. A wicked woman is a disobedient woman to The Most High. This is not a light thing.***

#### **47**

Ecclesiasticus 25:16

I had rather dwell with a lion and a dragon, than to keep house with a wicked woman.

***\*Wicked women are detestable to men of The Most High. Women, let it be comfortable for your man to dwell happily with you in unity. It's the women role to fulfill his desires, plans, goal, and visions as long as he is not leading you to sin.***

#### **48**

Ecclesiasticus 25:17-18

The wickedness of a woman changeth her face, and darkeneth her countenance like sackcloth.

Her husband shall sit among his neighbours; and when he heareth it shall sigh bitterly.

***\*A wicked woman brings shame and dishonor to her husband.***

#### **49**

Ecclesiasticus 25:19

All wickedness is but little to the wickedness of a woman: let the portion of a sinner fall upon her.

***\*Of all the wickedness in the world none compare to that of a wicked woman.***

***\*A wicked woman is a not: a help meet, submissive, proud, understanding, faithful, modest. She is a temptress, manipulative, evil, loud, obnoxious, quarrelsome, gossipier etc.***

#### **50**

Ecclesiasticus 25:20

As the climbing up a sandy way is to the feet of the aged, so is a wife full of words to a quiet man.

***\*A wife can exhaust her husband by talking too much, as like an old person walking in sand; it is very exhausting to bear with. Many words are not necessary, just stick to what is asked of you and keep it simple. It brings no confusion in the conversation.***

#### **51**

Ecclesiasticus 25:23

A wicked woman abateth the courage, maketh an heavy countenance and a wounded heart: a woman that will not comfort her husband in distress maketh weak hands and feeble knees.

***\*A wicked woman that complains and does not cooperate, and is disobedient discourages her husband in achieving his plans, goals and dreams; A righteous woman uplifts, supports and encourages her husband with her presence, actions and words.***

## 52

Ecclesiasticus 25:24

Of the woman came the beginning of sin, and through her we all die.

**\*Wives should be humble and let their husband guide them; single sisters should be humble and let the men of The Most High guide them. Conclusion; So ALL women should have a covering.**

## 53

Ecclesiasticus 25:25

Give the water no passage; neither a wicked woman liberty to gad abroad.

***\*Have zero tolerance for a wicked woman just like you have zero tolerance for a leaking faucet.***

***\*Men and women should correct a woman behavior because it will contaminate the environment.***

***\*Do not feel intimidated when correcting a woman.***

## 54

Ecclesiasticus 25:26

If she go not as thou wouldest have her, cut her off from thy flesh, and give her a bill of divorce, and let her go.

***\*After a time and the wife is still not being obedient the husband is to divorce her because she did not want to obey and follow him she wanted to continue in her ways. If she has stayed celibate and repented of her ways her husband can take her back.***

***\*So for the women it is very important to choose the right husband, because it is not easy to break the marriage contract. This bill of divorce can also be seen as a bill of celibacy because you the wife chose not to be obedient. (Philemon 1:1-25, John 4:16-18)***

***The tie between Israel and The Most High is not easily broken; in the same way the tie between a husband and his wife. Proverbs 28:9.***

## 55

Ecclesiasticus 26:1

Blessed is the man that hath a virtuous wife, for the number of his days shall be double.

***\*Having a righteous wife increases the length of her husband days because she only brings him good things, she is not a burden to him but a help***

## 56

Ecclesiasticus 26:2

A virtuous woman rejoiceth her husband, and he shall fulfil the years of his life in peace.

***\*A virtuous woman makes her husband happy not sad, she brings him peace not war***

## **57**

Ecclesiasticus 26:3

A good wife is a good portion, which shall be given in the portion of them that fear The Most High.

***\*When you fear The Most High you will also look for a spouse that fear The Most High***

## **58**

Ecclesiasticus 26:6

But a grief of heart and sorrow is a woman that is jealous over another woman, and a scourge of the tongue which communicateth with all.

***\*A jealous woman brings grief to her husband heart through her jealous behavior and speech***

***\*The same as jealous children brings grief to their parent's heart***

## **59**

Ecclesiasticus 26:7

An evil wife is a yoke shaken to and fro: he that hath hold of her is as though he held a scorpion.

***\*An evil wife is like a suffering that cannot be removed from you and he fears her outburst of wickedness***

## **60**

Ecclesiasticus 26:8

A drunken woman and a gadder abroad causeth great anger, and she will not cover her own shame.

***\*A woman that drinks too much and gads abroad causes problems and does not care***

## **61**

Ecclesiasticus 26:9

The whoredom of a woman may be known in her haughty looks and eyelids.

***\*A seductive woman ways can be recognized by her looks and shows she just wants to fornicate***

## **62**

Ecclesiasticus 26:13

The grace of a wife delighteth her husband, and her discretion will fatten his bones.

***\*Grace – kind, elegance with appropriate dignity***

***\*The husband is proud to have a gracious wife***

***\*Discretion – behaving properly in every situation***

***\*The husband is confident in his wife because she know how to handle every situation correctly***

### 63

Ecclesiasticus 26:14

A silent and loving woman is a gift of The Most High; and there is nothing so much worth as a mind well instructed.

***\*Women should always be loving, silent, and obedient to the instructions of husband***

### 64

Ecclesiasticus 26:15

A shamefaced and faithful woman is a double grace, and her continent mind cannot be valued.

***\*A woman should be humble and loyal and have a balanced mind (in her thinking, stable)***

### 65

Ecclesiasticus 26:16

As the sun when it ariseth in the high heaven; so is the beauty of a good wife in the ordering of her house.

***\*A woman should know how to manage her home and children well (clean home, clothes, good hygiene, well groomed, healthy, in shape and fit)***

### 66

Ecclesiasticus 26:22

An harlot shall be accounted as spittle; but a married woman is a tower against death to her husband.

***\*A fornicating woman is worth nothing but a married woman brings life to her husband***

### 67

Ecclesiasticus 26:23

A wicked woman is given as a portion to a wicked man: but a The Most Highly woman is given to him that feareth The Most High.

***\*You attract what you are so seek to be righteous to attract righteousness***

### 68

Ecclesiasticus 26:24

A dishonest woman contemneth shame: but an honest woman will reverence her husband.

***\*A dishonest woman does not care that she is dishonest***

***\*How do you recognize an honest woman?***

***\*She respects her husband by treating him as a husband according to the scripture***

### 69

Ecclesiasticus 26:25



A shameless woman shall be counted as a dog; but she that is shamefaced will fear The Most High.

***\*She follows her fleshly lust openly like an animal***

***\*A shamefaced woman has the same lust but she fears The Most High and disciplines herself***

## **70**

Ecclesiasticus 26:26

A woman that honoureth her husband shall be judged wise of all; but she that dishonoureth him in her pride shall be counted unThe Most Highly of all.

***\*When a woman honor her husband she honors herself***

## **71**

Ecclesiasticus 26:27

A loud crying woman and a scold shall be sought out to drive away the enemies.

***\*Such a woman is a terror to all men***

## **72**

Ecclesiasticus 36:22

The beauty of a woman cheereth the countenance, and a man loveth nothing better.

***\*A woman with good character influences a man positively on sight***

***\*Second it is good for a woman to improve her physical beauty naturally***

## **73**

Ecclesiasticus 36:23

If there be kindness, meekness, and comfort, in her tongue, then is not her husband like other men.

***\*Her character influence him positively***

## **74**

Ecclesiasticus 36:24

He that getteth a wife beginneth a possession, a help like unto himself, and a pillar of rest.

***\*A good wife with good character is a complete blessing to him***

## **75**

Php 4:8 Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things.

Php 4:9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and The Most High of peace shall be with you.

***\*Continue in perfecting your walk with Christ.***

***\*As long as you're on this earth in your physical body your never finished improving yourself on a spiritual, emotional, or mental level.***



## CHAPTER 4: Define the fruits of the flesh and give a real-life example

**Now the works of the flesh are manifest, which are these;**

**Adultery** – lusting or having intercourse with a man other than your husband

**Fornication** – every form of illicit intercourse; adultery, bestiality, prostitution, homosexuality, lesbianism, Pedophilia, incest

**Uncleanness** – eating foods that are not clean, disobeying menstrual laws, disobeying childbirth laws, vulgar and coarse speech, cursing, gossiping, tale bearing, lying, etc.

**Lasciviousness** – seductiveness, shamelessness, unbridled lust

**Idolatry** - seeking or getting blessings (happiness, protection, prosperity, success, hope, inspiration, luck, wisdom, knowledge, gratification, false religion,) from other sources than The Most High (sports, music, money, etc.)

Explicitly worshiping entities other than The Most High (celebrities, demons, angles, false religions)

**Witchcraft** – using forbidden knowledge, drugs, Pharmacia

**Hatred** – indifferent/not caring about the fate of your neighbor, hostility

**Variance** – debating, never agreeing

**Emulations** - jealous rivalry, cheating, competitive spirit

**Wrath** – indignation, rage, anger, revenge

**Strife** - vigorous or bitter conflict, discord, or antagonism

**Seditions** – rebellious for the wrong reason, pushing the limits

**Heresies** – false doctrine

**Envyings** - a feeling of discontent or covetousness with regard to another's advantages, success, possessions, etc.

**Murders** – killing with intent

**Drunkenness** – large amounts of alcohol in your system depending on the strength of the alcohol

**Revellings** – partying, letting loose of moral restrictions

**and such like: of the which I tell you before, as I have also told you in time past,  
that they which do such things shall not inherit the kingdom of The Most High.**

## CHAPTER 5: Define the fruits of the spirit and give a real-life example

### **But the fruit of the Spirit is**

**Love** - Obeying The Most High, Doing good to your neighbor according to The Most High. Meaning: Edifying your neighbor in body, soul, and spirit. With the goal of helping the person enter the kingdom

**Joy** - Happiness because of the reward you will get if you live righteous.

**Peace** - Calmness, content, and no need for arguing, fighting, or striving.

**Longsuffering** - Enduring unrighteousness

**Gentleness** - Being sensitive towards your neighbor.

**Goodness** - Doing good to your neighbor even when they treat you bad.

**Faith** - Trusting on the word of The Most High all the time.

**Meekness** - Not retaliating, knowing that The Most High will take care of it (not to confuse with cowardness).

**Temperance** - Balanced emotions, moderation.

**against such there is no law.**

